

# STOP COVID-19 SPREADING

## THIS OUTLET CARES ABOUT YOUR SAFETY AND WELLBEING



### PROTECT YOURSELF AND OTHERS

- If sharing a beer don't drink directly from the beer bottle; pour into a glass
- Each drink from your own glass
- When eating don't share utensils
- Do not share cigarettes



### REMEMBER THE BASIC SAFETY RULES:

- Avoid shaking hands and hugging
- Wash your hands regularly
- When coughing or sneezing cover your mouth with the inside of your elbow
- Keep a safe space between you and the next person (1 metre)



**BEER ASSOCIATION  
OF SOUTH AFRICA**



**HEINEKEN**

